**NO-COST ENERGY SAVING TIPS**

- **Turn down** your thermostat to 68 degrees or lower during the day and evening (health permitting) and to 55 degrees or off at night or when away from home. Wear layers of loose-fitting clothes to trap body heat, such as thermal underwear, sweaters, sweatshirts, sweatpants, and socks.
- **Set** your water heater to the “normal” setting or 120°, unless your dishwasher requires a higher setting.
- **Open** drapes to let the sun heat your home during the day and close them at night to help insulate.
- **Close** off unused rooms and the vents that heat those rooms.
- **Keep** warm-air registers, baseboard heaters, and radiators clean and make sure they’re not blocked by furniture, carpeting, or drapes.
- **Move** furniture around so you are sitting near interior walls instead of exterior walls and windows.
- **Close** your fireplace damper tightly when not in use.
- **Take** shorter showers.
- **Wash** only full loads in your dishwasher and clothes washer.
- **Use** cold water when washing clothes.

**LOW-COST ENERGY SAVING TIPS**

- **Clean or replace** furnace filters once a month.
- **Install** weather-stripping or caulk to leaky doors and windows.
- **Install** gaskets behind outlet covers.
- **Add** plastic sheeting to your windows or purchase plastic window covering kits or interior storm window kits.
- **Install** a programmable thermostat.
- **Install** low flow showerheads and faucets.
- **Wrap** your hot water tank with jacket insulation. Be sure to leave the air intake vent uncovered when insulating a gas water heater.
- **Insulate** the water pipes leading from your hot water heater.

**HEALTH & SAFETY TIPS**

Adequate home heating is a necessity of life. The inability to heat your home adequately can put household members at risk. Health and safety risks include hypothermia and carbon monoxide poisoning and the increased possibility of fire.

You can prevent the loss of life and property by identifying potential hazards and following these safety tips:

- **Install** smoke and carbon monoxide alarms in your home.
- **Provide** proper venting systems for all heating equipment.
- **Never use** your range or oven to heat your home or use a BBQ in your home or garage.
- **Place** space heaters on level, hard and nonflammable surfaces, not on rugs or carpets.
- **Keep** space heaters at least three feet from bedding, drapes, furniture, and other flammable materials.
- **Never leave** a space heater on when you go to sleep or leave the area.
- **Watch** children and pets closely in rooms with heating equipment.
- **Always use** generators outdoors and away from doors, windows, and vents.